# The Warrior Weekly

Bethel Regional High School

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Bethel, Alaska

# Bahamians adapting to a different life style in Bethel

by Jahira Towner



The swimming pigs of the Bahamas. Many people enjoy swimming with them and feeding the babies bottles of milk. Photos courtesy of Jahira Towner.

For us Bahamians, It's been quite a struggle to adapt to a new environment and witness other cultures. Since we moved to Bethel on May 18th, 2022, It has been hard for us to do what we considered fun in our culture. For the time that my family and I have been in Bethel we figured out there are other Bahamians and other cultures that don't originate here, such as Joy, whom I met one month after being here.

Joy moved here on July 22nd 2021 for a job contract at the hospital. That is why my family and I moved here, for better financial opportunities and a job contract at the airport. So we weren't alone. We had others who could relate to us, which made it a little better to be here.

Moreover, back home in the Bahamas we would swim with the pigs and feed them milk in bottles, go to festivals and get all dressed up in our costumes. At the festivals we danced; my favorite dance is The Heel and others like the Toe Polka.



The sparkling blue water surrounding the Bahamas.

We also sing there all together, laugh, and you see kids playing in the waterfalls and the slides. Furthermore, we play afrobeat music at our festivals, and that's the type of music we listen to, such as Ku Lo Sa,YE, Hold Yuh, and plenty more. The music here is a little different and they are in Yupik language. For example, Tarvarnauramken, How Far is Heaven, and other

music I've listened to and requested to hear from the



A beautiful photo booth opportunity for residents and tourists at the Nassau Cruise Port.

On the other hand, there were also some stands that sold all kinds of Caribbean food—conch salad, seafood rice, pepper jack mac and cheese, and stewed conch. Now it's a little hard to eat what we are used to due to the very high prices here, and other foods here that we don't eat. So, we have to travel to Anchorage or back home to stock up. According to Joy, "I miss the rich flavors in our Rice and Peas, but Yupik food is different. You see Jojos, moose, Akvtaa, Caribou, and spicy chicken."

In the end I hope the other Bahamians here find some type of comfort in Bethel and welcome. So far I've made some close connections with teachers, other staff, and our counselor. As days go on and I learn more and speak more, I feel comfortable with them and with a few students I've met.

# Mary Peltola sworn in as first Alaskan Native in Congress

By Anna Howard



Mary Peltola and her loved ones in Washington D.C. Photo provided by Alaska Beacon

On September 13, 2022 Mary Peltola made history as the first Alaskan Native to serve in congress. She also made history that day as the first woman to represent Alaska in the U.S. House of Representatives. She was elected to finish out the late Don Young's term. Mary was joined by her husband, her seven children, their loved ones, her two grandchildren and two sisters in Washington D.C.

All over Alaska excitement sparked when the news was shared. Throughout the state people celebrated the Congresswoman's accomplishment and the representation she brought with it. BRHS Alumni Larian Howard noted, "Having a person who is native and understands the culture and important aspects of Alaska is crucial. The people of Alaska will see a person like them doing great things and feel validated and represented. Many others like myself are just full of pride to be expressed through her." Mr. Reames is one of the history teachers at BRHS. He said, "I think that equal representation and representation that reflects the population is super important, that our leaders reflect who the people are. I think it's extra special that she's Native Alaskan and a woman because those groups are usually not represented."

Many people in the community know or have met Mary Peltola. Ms. Guinn, a language arts teacher at BRHS, said, "She's very kind and patient and seems to be a very optimistic person who cares about her kids." Larian Howard mentioned, "I personally know Mary as she is my boyfriend's stepmom. She is hardworking and a very kind person to be around. Mary has good priorities set for how she wants to help Alaska."

Mary grew up for part of her life in Bethel and in rural Alaska. Having lived here she would have the best opinion on laws and decisions that are made for this area. Ms. Guinn mentioned, "I think it's especially cool that she's from rural Alaska because she'll understand and

has dealt with rural Alaskan problems in ways urban Alaskans couldn't understand. Her campaign is pro-fish, which will hopefully lead to higher silver and chum runs. I think she has the same values as we do and respects the animals and plants around here." Mr. Reames said, "In her ads she's talking about hunting, fishing and subsistence. I'm not from Alaska, so I've never seen subsistence in a political ad so that's really exciting and interesting to me. I think that it's awesome that she's Native Alaskan and she doesn't shy away from it, but she also doesn't lead with it. It's really clear that she's Native Alaskan, so I think it's obvious she will have a special place for them in her heart, but she will also represent all Alaskans."

Mary Peltola boating out on the Kuskokwim River. Photo provided by Alaska public media



Larian Howard got the opportunity to attend the swearing in ceremony down in D.C. Watching history being made can be exciting. Larian said, "Being able to join together with family and friends to watch Mary be sworn in was an amazing experience. To sit amongst others and see it first hand was almost breathtaking. I could see all the people in the room were just filled with joy. Emotions were strong for the people there and all throughout Alaska."

Peltola's term will last until the end of this year. In November, she will run again, and Alaska will vote for the next Alaska Representative.

Congratulations to the first Alaskan Native congressperson, Mary Peltola!



Mary Peltola joined by Senators and members of the delegation. Photo provided by Fairbanks Daily News-Miner.

# JROTC Color Guard Performs at Cultural Center

By Morgan Wuya



JROTC Color Guard at the Cultural Center last week. Photo by SFC Calvetti.

On September 21 at 8:15am JROTC Color Guard posted the colors for the AVCP Council of Presidents conference. Cadet First Lieutenant Lena White, Cadet Sergeant First Class Katya Carl, Cadet First Sergeant Samuel Atchak, and Cadet Staff Sergeant William Wassilie performed the duty with Cadet First Lieutenant Lena White in command.

It was a really fun experience, we practiced and went over what we were supposed to do and who had to say the commands, which was Cadet First Lieutenant Lena White.

Lena White said, "It was my first time in Color Guard, I was kind of nervous because I've never done that before. I enjoyed it and would like to do it again." Cadet Sergeant First Class Katya Carl and Cadet Staff Sergeant William Wassilie got to yuraq with dancers from Ayaprun Elitnaurvik as well. It was really fun to watch.

It was an honor for the JROTC program to be asked to be a part of the AVCP Council of Presidents conference and perform for them, and we would love to do it again.

#### The NHS field trip

By Jeremy Thatcher



The BRHS NHS students take the pledge during the new members' induction ceremony two weeks ago. Photo by Mrs. Miner.

The National Honor Society students and their advisor, Mrs. Hamilton, went to non-profit organizations around the community of Bethel Wednesday where they could do there community service.

The first place on the field trip was Bethel Friends of Canines near the dump. Ms. Friend helped by telling the students about how they could volunteer at BFK9, as in help pick up the trash at the around the place and neutering dogs.

Second, was the Winter House on Second Road at housing. At the Winter House we learned that we were able to cook, sort and fold the clothes that weren't yet organized.

Third, the crew went to the TWC (Tundra Women Coalition) at 2nd Avenue. A fellow volunteer said we could talk to kids about sexual harassment and helping them if they were to have trauma, also we are able to babysit children.

Fourth, the NHS members went to the library at the Cultural Center. While there, we learned from a worker Theresa that we could sign up for Indigenous Peoples Day, and help set up the tables, as well as help setting up the trick or treating at the Cultural Center, and/or reading to the children there.

Fifth, we went to the food bank across from the Cultural Center. Ms. Taylor said, "There will be an assembly line for food, and we need people to help with that." Over at the food bank we can also help haul the food outside and into cars.

Sixth, we went to the Veterans Memorial Cemetery by the airport and learned that we could go there to brush off grass from the graves.

There are more places than I have said here that need volunteering, and it's not just NHS that can help, you are able to as well.

Special thanks to Susan Taylor for helping us plan this field trip.

# Open Gym in the Morning and Lunch

By Shauna Nanalook



Hi BRHS Students, open gym is open in the morning and during lunch. A lot of students is fun like playing ball, volleyball, and run around. Open gym is also a time to spend times with friends.

I would say open gym is important in the morning to wake you up, get your energy up, and socialize with other people. During lunch it would be good for wasting your energy and having a good time play your favorite sport.

To have open gym we need to go to our classes on time ,and have fewer tardies.

Samuel Atchak said, "It feels good, we can use more energy so it's easier to focus in the next class. Get to class on time, you can catch up with friends later."

David Nanalook also said, "It's a lot better when we couldn't leave the cafeteria, finally get to waste energy. Just go to bed early to go the gym in the morning, and go to class on time to have the gym for lunch."

Mr. Lavelle said, "When we have 3 minute passing periods and pretty much have to go class to class, if you need to use the restroom the time to do that is after the first 10 minutes of class is up. That's the time to raise your hand and ask to use the restroom, because if you wait in line to use the restroom during passing time you're going to be tardy. We came up with the number 45 for weekly tardies, I picked out a number and thought it be a good place to be, based on how many passing periods there are. I thought if we can do under 45 we're doing good, at least improving. We had up to 60-80 tardies. So when I put the bar at 45, we stayed under it just barely on Thursday and Friday September 15-16,2022. Last time we we were on 43-very close, so Mrs. Miner changed it to 40, and we had 40 tardies, so there was no open gym."

If you like open gym get to classes on time. Don't play around in the halls, catch up with your friends later or after school. Keep your phone away in class. Have a good weekend and enjoy!

# **Study Hall**

by S.Active



Why is Study Hall important?

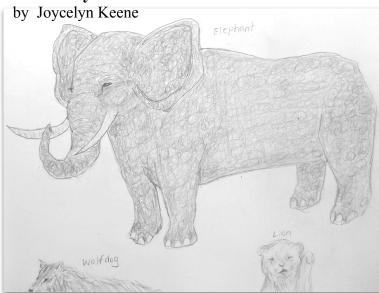
Mr. Reames said, "Study hall gives students a chance to work on missing work and homework with teacher support. The school is a safe and familiar place for students to continue their learning after school."

He also said, "Teachers are here to help"

At BRHS, study halls is on Monday to Thursday from 4 to 5:30pm

They encourage students to go study hall so they can catch up on their homework and assignments so they won't be failing their classes. Before the quarter ends, students are starting to go to study hall to work on their missing work and turning them in, so their grades can go up.

## About my sketch



I sketched a elephant during class because I was bored. I put a lot of effort for the details on the elephant that I drew, and I really like how it came out. I also really enjoyed while sketching the elephant and felt very happy after it was finished.

The sketch of the elephant was just a practice to improve my art skills. And I'm also very happy to learn a lot more about art, in art class and at home.

And the sketch of the elephant probably took around 19 to 25 minutes to finish. But I kept coming back to the drawing just to add more details and to fix what was wrong.

# Yuuyaraq Personal Life Skills with Mrs. Atan Winkelman

By Isiah Stuart

What is personal life skills? Well PLS is a class in BRHS that helps students learn yuuyaraq life skills, and is being taught by Mrs. Atan' in the room C-21 This class teaches the importance of being kind, mindful, and respectful to others and much more like subsistence, and the Yupik language.



Atan' Winkelman, BRHS teacher

Mrs. Winkelman said, "I think all students should have kindness, they should be helpful, and most importantly to never give up." She also added as a joke, "If they can be quiet, that would be nice." And being kind can include just the simple things like maybe someone dropped something, be the person to pick it up for them, that also applies to being helpful.

Another thing is never giving up, show that you care, and that you can push forward, well, yes you might fail, but failure plays an important role in your life, you can look at it like you should just give up, or you can think about what you did wrong, think of how you can improve for next time. Thank you all for reading, stay safe -Isiah Stuart out!

### **Elder Stories**

By: Kalista Alexie

My grandma told us stories about when she helped out her parents, and got homework done after cooking. Her name is Maggie, and she would always clean up even though there wasn't anyone home, so it could look nice for everyone.

Getting stuff finished with family will be faster, as a team it is going to be an easy way for the task. My grandmother said she would clean clothes by hand because they didn't have a wash machine back then. She didn't get told to wash clothes, do her homework, she'd do all of them without getting told by anyone else.

My grandmother once said, "I never ever got mad at my parents even when I was lazy and tired because we need to respect elders. They're still my parents, I love them."

### **Elders Talk**

By Shauna Nanalook

Listening to an elder talking is important because they're also teaching. An elder talking can also mean they're telling a story of their past life, their story can be fun and interesting. We respect our elders, they're like the chief either in a village, or household.

What I think of my elders are they are kind hearted, and teachers. People to look up to.

Elder teaching can be thinking of others, helping out family or friends, beeding, and sewing. You can also help them out within cleaning, chopping wood, and providing. Their stories can be how they went boating, hunting, what they saw being out, and might be even their own scary stores with their own experiences..

Seth Buster said, "It's important to listen to our elders because they've had experience with life and with us kids. The elder is the key of life to prevent good or bad based on the experience they had."

Thaddeus John said, "The importance in listening to an elder is when they're talking about stories, they're fun to listen to, and telling you what happened. When they tell you to do something like chores, or provide food from hunting, you need to do it. I enjoy listening to them telling stories it's fun and interesting."

Ms. Guinn said, "They have experiences we have never had and knowledge we couldn't learn on our own. We can't take their knowledge and presence for granted. I feel grateful and lucky to have a big family that tells stories, and to live in a community that values and uplifts its elders." Maurice Nanalook said, "When they're talking, we listen. They have been through more in their lifetime than what we've been through." Elders are the best thing to have around in life.



BRHS alumni Beth Hensley shares her ptarmigan catch with elders in the Bethel community. Photo provided by Beth Hensley.

## Civil War and Reconstruction

By Jada Jones



The 34 stars represent the number of states present in the U.S. during the Civil War, including the southern states.

US History students have been studying the Civil War in Mr. Reames' class. The Northern and Southern states in America fought from April 12, 1861- April 9, 1865. They fought over slavery because the Northern states didn't like it, but the Southern states wanted to keep it.

George Lee said, "Learning about the war is important so you know more about how the war started and what went on during reconstruction."

Slavery had a huge impact on the war. The free states fought for the slaves' freedom. When the free-states disagreed, the South seceded and tried to start their own government. The North didn't approve and both the North and South started the civil war. The war went on for four years and there were 618,222 people who died, they were all Americans.

Patricio Vasquez said, "Learning about the war is important so you know what it's biggest cause was and how the slaves got their freedom."

After the war about four million slaves got their freedom. The North won the war and the South was forced to free their slaves. There was no punishment for the South, and it took 12 years to reconstruct and get all the people to be on the same side. This never happened before.

Briella Herron said, "The Civil War is important because it makes us remember something that isn't forgettable."

# Mr Greason's Auto Mechanics Class By James Bright

In a town like Bethel, knowing how to work on a car is a good skill to have. That is why BRHS has an Auto Mechanics class. This class allows you to learn and get hands on experience performing duties on cars. Auto Mechanics will teach you to do something as simple as changing oil to working on bigger parts in or under the car.

In Auto Mechanics you will learn the rules, how to be safe in the shop and the many different tools that are used in this trade. Tools you may use include variations of hammers and mallets, wrenches, pliers and the accessories that are used with these tools. Most of the time when someone thinks of a hammer they think of the common "claw hammer" that construction workers or house builders use. They are not wrong, but there are many types of hammers that are used for different things.

In Auto Shop the hammer you will see the most is the Ball Peen (Also spelled Pein) hammer. It will sometimes be used in combination with a chisel or some sort of punch (Piece of metal or sometimes a just solid block if you don't want to hit something directly) to get things out of tight spaces if they are stubborn or if you don't want to break or dent a part of a vehicle.



Mr. Greason checks under the hood of a vehicle his class was working on. Photo by Warrior Weekly Staff.

# TAAV #Every1KnowsSome1

By Sean F.

Teens Acting Against Violence, otherwise known as TAAV, is a program for teens ran by TWC(Tundra Women's Coalition). Clementine said, "It is an after-school program that brings awareness about domestic violence. Some warning signs of abusive relationship is an abuse of control such as trying to control who you hang out with and consistent put downs."

They raise awareness against domestic violence and abusive relationships. Violence among teens is more common than society thinks it is, and TAAV provides a healthy, safe, and open environment to any teen that is willing to learn and participate in their meetings.

Taylor said, "TAAV offers events such as TLA(Teens Leading Ahead), pride, and other fun events that you can participate in. You can gain experiences that may or may not help you in the future." TAAV offers activities and events to attend that can teach you things that are either school related or things you see are your community. They are also a safe and supportive place to discuss and promote positive norms around gender, LGBTQ+, boundaries, and respect to protect against violence in all relationships.

Domestic violence is a rising issue in Alaska, 1 in 4 women and 1 in 7 men experience severe physical violence with an intimate partner in their lifetime. Please reach out to TWC if you or someone you know is experiencing intimate partner violence. Taylor, a student who attends this program, said, "October is domestic violence awareness month, or DVAM. At TAAV, we are working together to raise awareness."

-Any further questions or if you would like to attend TAAV please email Zoe or David.

zoe\_shultz@twcpeace.org or david\_attie@twcpeace.org

TAAV(Teens Acting Against Violence). Meetings at. TWC

(Tundra Women's Coalition). Wednesdays- Thursdays

from 4:30-6:30 p.m. Fridays from 2:30-5:30 p.m

In the photo front right going back there is Taylor, Clementine, David, Kayley, Maya, and Kristen. They went sailing while they were out on an Outw Bound(OB) trip. Photo by: Terra the OB instructor.



# Playing video games after school

By Zack Wassilie



Some of the BRHS students play games when they get home from school. There are some games that require some skills but not all. Minecraft is a basic, simple game to play and doesn't require any skill at all.

Technique is needed. For example, any Call of Duty sequels doesn't require skills but technique. All you have to do is just shoot, and that's it.

I got into gaming around the age of 7 or 8 and my dad wanted to try and play for him, and I told him I didn't know how, but he wanted me to just try. After that I enjoyed playing games, and I always wanted to play right after school.

My favorite game is Black Ops 3 because the zombies are great, and it's my favorite out of the Call of Duty series. But the best game in my opinion is Call of Duty World at War because that's why the zombies start. It was the first zombie easter egg to do. When you complete the campaign for World at War you get a gamemode called zombies and you get put in a map called Nacht der Untoten.

Ethan Allen stated, "I started playing video games at the age of five with my dad on one of the Halo games. My favorite game to play is War Thunder. But the best game is Black Ops 2 with no doubt because the gameplay and the co-op is really good, especially the zombies."

Raymond Wassilie said, "My brother got me into playing games with him, and my favorite is Black Ops 3 because of how the zombies are and it's pretty fun to play." In his opinion Black Ops 2 is the 1st person because of how good their multiplayer is.

People who play video games a lot will have a lot of favorite games, but it just depends on their mood that they are feeling, I'm like this to. If I don't feel like playing zombies, I just play Hallow night or Minecraft, but all of these choices depends on my mood.

#### Winter season coming up

By: Cleo Nicolai

It's almost the time of the year when we have to dress warmer to go out! Winter is my one of my favorite seasons because we get to enjoy the winter activities and the cold weather and just go outside without bugs having to bother us. When I interviewed students they were mostly excited to snow machine ride.

Fannie Chaliak said, "I'm excited to go snow machine riding in the fresh powdered snow, go manaqing, ptarmigan hunting and getting wood. The activities I will be doing this coming winter. I want to go sledding at the bluffs and I guess just hunting."

Rei Thomas said, "I like the cold the best, it's just really cold and I like cold. I will probably be sewing or drawing and make youtube videos."

Cameron McCarr said, "Go snow machining anywhere we cannot go during summer."

Ashton Boyscout said, "I am very excited about riding my snow machine out in the winter, hunting, ice fishing and snowboarding."

Erica Paul said, "The thing I'm most excited about is ice fishing and going riding."

Keegan Thompson said, "I can't wait for basketball season and going snow machine riding with my friends."

Ms. Mutch said, "For winter coming up I'm excited about snowshoeing, I really look forward to getting out and getting some exercise. I like just being outside with no bugs."

Mr. Holkesvik said, "Winter is also kind of part of wrestling season so I'm excited for the wrestling season coming up. Excited for all the snow back, I always enjoy that. In survival skills, we can do a lot of things we could do in the winter as well that are going to be fun."

Ms. O'Boyle said, "I love that the snow is so beautiful and white out, it's just so new looking and I'll just stay home and read and cuddle with my kitten."

Mr. Reames said, "There is a group in town who got Grant to buy a machine to flatten out the tundra for cross country skiing but in cross country skiing it's very hard on the tundra because it's bumpy. I also want to ice fish."

Mr. Hunter said, "Everything will be white and I really like snow. It will be easier for us to walk home from school and school from home, so we can pass by the brown slough. And I'm also excited about snowboarding."

I hope everyone has a good and safe winter.

## Manaq is coming up! (Ice fishing)

By Fannie Chaliak & Hailey Tobeluk



Since we had frost on Saturday of September 24th, we have been getting things ready that we need to use when we manaq (ice fishing). The reason why we're getting ready early this year is because last year felt so fast that we barely manaqed, so we're getting ready early this year to not miss out on the fun. There's a lot to pack before going to manaq. The most important things are winter gear and food/water, manaq sticks and fish hooks.

Manaqing is important because we definitely need to fill the freezer—the more food we have, the less we worry about wondering what we'll eat later. The best time to manaq is when the river is fully frozen. Most of the time we catch about 200 or more, we manaq when the river is fully frozen, and safer.

Almost every weekend when it was warm out last year my family and I would go out fishing. I am really excited for winter this year there are so many things we can do, such as manaqing, hunting for ptarmigan, getting firewood, watching dog races, and going out riding with snow machines.

After every travel for managing, we cut up the pike, hang them, and put them into the freezer once the pike are all dried up. I enjoy ice fishing despite the cold. I grew up managing almost my whole life, so I guess you can call me an expert. Every pike that I've caught in the past were always small, so this winter I'm looking forward to catching bigger ones.

You would have to be careful when you go out fishing; you need to dress properly (wear warm clothes) to not get frostbite, make sure that the river is safe to travel on, know where you are going, and make sure that your relatives know where you are traveling, so that they won't have to worry about you.

Everyone I know goes out managing by Napakiak. Last year I saw more than 40 people managing there, and it made me so happy to see people enjoy fishing and preparing food for their freezers.

The darkness calls for Bethel By J.O



Attention BRHS staff and students! Have you noticed that it has been getting darker and darker much earlier? Since it is getting darker it will also get colder, and this means the Earth's orbit from where we are (Northern Hemisphere) is tilted away from the sun. Be CAREFUL when driving in the cold and the dark.

People who are driving in the cold and dark will sometimes barely be able to see who is walking or not able to at all. At times, there are people who nearly get into an accident and some people going off the road. Riding in the dark is like trying to find the channel in the river when you're a beginner: hard, frustrating, and challenging. It also depends on how experienced you are with driving. Sometimes your windshield will get frosty, and the same goes for your mirrors on the side. Most times you can just scrape it off, but others will be kind of frustrating. Also, in the morning if you drive to work or school in the morning you have to warm it up before driving or you can risk damaging your engine's pistons, which may warp or experience undue wear as a result of driving cold.

Zack Wassilie said, "It just depends on the season because it'll be cold at night in the winter but nice and cool in the summer. I also do not like the cold with the dark because being cold and not being able to see is not a good thing to be in."

## Western Alaska receives a high wind warning By Scott Kawagley

West Alaska was hit by a typhoon named Merbok. The dates of the typhoon were 9/15/22 to 9/18/22. How does a typhoon form? A typhoon normally forms in the North Pacific Ocean that touches North America, Asia, Russia and Australia. It is formed by cool dense air that is by the winds plus the rain including the warm water. Here is a diagram of how it is formed:

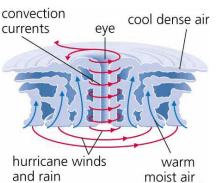


Image Source : <a href="https://mrgeogwagg.wordpresss.com/2015/09/07">https://mrgeogwagg.wordpresss.com/2015/09/07</a>

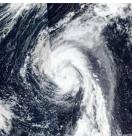
Fun fact: Typhoons and Hurricanes can be seen from space and are huge!

Super Typhoon Trami seen from Space, source :

https://www.cnn.com/2018/09/26

Typhoon Merbok is one of the rarest typhoons to happen because of the waters in the Pacific Ocean are cold, but this year is unusually warm to cause Merbok to form. The causes were likely due to the climate changes that are happening in the ocean. Typhoon Merbok caused significant damage to Southwest Alaska that includes villages and towns such as Nome, Scammon Bay, Golovin, Newtok, but Hooper Bay being the most affected by the storm. Here are the images of Typhoon Merbok and Alaska that was hit:





Typhoon Merbok, source: zoom.earth Nome, Alaska, source

## BRHS XC team runs at the pit!

By Warrior Weekly Staff

Last weekend, elementary, junior high, and high school cross country teams ran at the pit in Bethel with about 20 other schools in the district, and they all did so well. Check out the photos and placements!



Kathleen Naneng, Helen Pollock, Mandy O'Boyle, and Cindy Williams helping at the finish line. Photos by Warrior Weekly Staff.



# HS Boys Results (5,000 Meters):

Ned Peters	20:47
Sheldon Smith	21:20
Liam Phelan	21:36
Paul Dyment	21:40
Madden Cockroft	21:54
Rory Peters	22:32
Patricio Vasquez	22:38
Alvino Vasquez	22:48
Drini Pellumbi	23:09
Greg Turner	23:43
Aaron Mute	24:09
Gustoff Erickson	24:44
Daniel Jang	24:51



#### JH Girls Results (2,500 Meters):

JII GII IS NESUIIS (2,3)	JU IVICICI
Claire Dyment	12:01
Isabelle Kerr	14:14
Kaitlyn Wade	15:13
Reagan Gray	16:08
Ashlynn Lonewolf	16:09
Gwendolyn Street	16:29
Claire Lee	17:09
Riley Boney	17:17
Cherraye Lowe	20:24



# JH Boys Results (2,500 Meters):

Jackson Iverson	10:27
Cole Iverson	10:56
Silas Lefferts	11:06
Dylan McIntyre	11:22
Joel Andrew	11:22
Steven Butte	11:26
Ethan Wheeler	11:44
Kaysen Koutchak	11:46
Maximos Lonewolf	12:23
Carver Hancock	12:40



# HS Girls Results(5,000 Meters):

HS Girls Results(5,000	Meters
Payton Boney	26:26
Kyana Harpak	26:51
Maya Komulainen	28:18
Jordan Klejka	30:00
Lacey Samuelson	31:56
Constance Albert	32:37
Hannah Leinberger	32:56
Malinda Simon	35:14
Adilyn Jung	37:47
Ellie LaValle	39:02





Adilyn Jung, sole senior on the HS XC team.

# BRHS Varsity Volleyball team triumphs in Kotzebue

By Anna Howard



BRHS Volleyball team coming together to celebrate a point against Kotzebue. Photos provided by Anna Howard

Over the weekend the varsity volleyball team traveled all the way up to Kotzebue to compete against Barrow and Kotz. This specific competition is very important, it helps to decide the bracket for the regional tournament in November.

The team played four close games over the course of the trip and won one of their games on Saturday against Kotzebue.

For a lot of the girls this weekend felt different. The team has improved a lot since their first games in Nikiski and they have found structure in the way they play. Junior Isabel Lieb said, "A lot of adrenaline during the game really helped us get that win. Playing as a team helped as well." Coach Wheeler mentioned, "We finally had a consistent four games where we played together and played with intensity and joy for the girls. Senior Caitlin Laraux said, "What brought us to the victory against Kotz was our attitude and believing in each other."



Isabel Lieb setting outside to Kendal Herron.

When you get to play against teams in your region you can learn a lot. The team now knows how Kotzebue plays, and that will prepare them for regions. Coach Wheeler noted, "I learned that the team was willing to change things up and that they were able to handle me changing the lineup. That will benefit us when we are missing individuals that can't travel for various reasons." Isabel

Lieb said, "I learned to let things go even when you mess up, and when it's a close game you gotta just let things roll off your shoulder and breathe."

Many players made some favorite moments either when they were playing in a game or off the court. Coach Wheeler mentioned, "When we were all playing board games together after it was all done, hanging out as a team and seeing everybody just have a good time together without the stress of Volleyball or school." Isabel Lieb noted, "My favorite moment was seeing all the girls on the court having fun because that's what a good team looks like." Caitlin Laraux said, "When I got a 'Naugua Birthday Line' and when I saved a tip." A 'Naugua Birthday Line' is when the opposing team overpasses the ball to your side and it's a perfect ball to just hit back at them and score. It's like a birthday gift. "Those are my favorite moments because they were fun and exciting." She added.



An overpass from Kotzebue being hit.

The team's next trip is in Nome and both Varsity and JV are going. The girls have till mid October to prepare and until then they will work on hitting, passing, serving and a new rotation. Keep working hard and make sure to have fun!



Allie Alexie doing a "push" against Kotzebue.

# **BRHS swimming team competes in Valdez** By Brandy Jones



The BRHS swim team in Valdez, along with Coach Speranza. Photo courtesy of SFC. Calvetti.

On September 23 and 24 the BRHS swim team competed in Valdez against 5 teams. This was their first meet of the season, and the swimmers are only getting better!

The BRHS girls swimming team placed second, both boys and girls did a very great job. Swimming Coach Ms. Speranza said, "I decided to coach swimming because I like the students on the team and want them to become better, stronger swimmers."

Elenor Whitney swam the 100 butterfly and 100 freestyle. Whitney placed first for the butterfly with the time of 1 minute, 21 seconds and 68 100th of a second. She did very well and tried her best in both events.

Adeline Perry participated in the 100 freestyle and 100 breaststroke along with Andrew Perry and Justine Erickson. Nicholas Twito participated in the 50 freestyle and 100 breaststroke. Natalie Jones swam the 100 backstroke and 100 freestyle. Great job Warriors!



#### NYO

by M. Andy

I love NYO and it's my favorite sport. I can do all events, but I don't like two events(Alaskan High Kick and Two Foot). But I go for all events because my coach tells me to. She wants me to go to district and state.

When you practice for NYO you'll get used to it. I began when I was younger. My uncle taught me how to do events, and my aunt encouraged me to join it. And from that day, I always watched NYO. From kindergarten to high school, I still love NYO.

All of the events are kneel jump, scissor jump, Alaskan high kick, two foot, one foot, one arm, seal hop, Indian pull, and Eskimo pull.



Margaret Andy doing the one arm reach. It requires incredible strength and balance. Photo by M. Andy.

# HIGH SCHOOL SPEECH

If interested, sign up outside B-21 or contact Ms. Mutch. Practice begins October 7.